



*Themed Seminar  
with  
Ishiyama Shihan*

*Learning basic forms of Aikido techniques and  
understanding basic footwork*

For instructors: *Teaching basic forms of Aikido techniques and  
helping students understand basic footwork*

**Saturday, May 26, 2018  
10 am – 1 pm**

Vancouver West Aikikai is pleased to announce the first themed seminar with Ishiyama Shihan on May 26, 2018. This will be a 3-hour seminar (10 am - 1 pm, with a couple of short breaks in-between) with special emphasis on basic forms and basic footwork in Aikido. This seminar is intended both for Aikido students and for Aikido instructors.

**Location:** VWA dojo, 4196 West 4th Avenue, Vancouver, BC

**Schedule:**

<b>Saturday, May 26</b>
9:30 – 10:00 registration
10:00 -13:00 <b>Ishiyama Sensei</b>

**Fees:** \$30 (students & non-working adults \$20)