



SAT, DEC 9

10:00 - 10:30 REGISTRATION

10:30 - 11:30 CLASS 1: MOLINE SENSEI

11:45 - 12:45 CLASS 2: PARIS SENSEI

12:45 - 14:00 BREAK

14:00 - 15:00 CLASS 3: MACPHAIL SENSEI

15:15 - 16:15 CLASS 4: ISHIYAMA SHIHAN

SUN, DEC 10

10:00 - 10:30 REGISTRATION

10:30 - 11:30 CLASS 5: ISHIYAMA SHIHAN

11:45 - 12:45 CLASS 6: ISHIYAMA SHIHAN

**AIKIDO SEMINAR
WITH ISHIYAMA
SHIHAN
& PARIS SENSEI,
MACPHAIL
SENSEI & MOLINE
SENSEI**

both days \$70 (\$50 for students
& non-working adults)

Sat only \$50 (\$40)

Sun only \$20 (\$15)

one class \$20 (\$15)

Sat party @ Liz's \$20

Note that class 1 on Sat & class 5
on Sun are beginner-friendly:
novices are welcome!

**December 9-10 @ Vancouver West Aikikai
4196 W 4th Ave, Vancouver**

