

About Aikido

Aikido is a non-competitive martial art based on a philosophy of harmony. Vancouver West Aikikai (VWA) offers aikido classes for children and adults. We are open to everyone, regardless of strength, ability or experience. We will teach you how to fall safely, defend yourself, and deflect attacks.

Children's Classes

The children's aikido classes combine fun and learning for ages 7 to 13. The children's classes run during most of the school year. Register for fall, winter and spring terms. Children may attend once or twice weekly. Adult helpers are welcome!

Class Schedule and Fees

Mon/Wed 4:45-5:45 pm
No classes on Oct 14 and 16, and Nov 11.
\$240 for 22 classes. \$20 annual CAF dues.
No charge for tests, promotions or belts.

See our website for fee options, family discounts, and payment methods.



www.vancouverwestaikikai.com

aikido@vancouverwestaikikai.com

Phone (604) 224-1820

Note: there is no phone at the dojo.

Vancouver West Aikikai Dojo Location
Jericho Hill Centre. 4196 West 4th Ave, Vancouver



Liz McKinlay, 5 dan is the head children's instructor.



Aikido For Kids

at Jericho Hill Centre

Learn self-defence!

Challenge yourself!

Have fun!



Fall 2019

Sept 9 - Dec 2

M/W 4:45 - 5:45 pm

\$240 for 22 classes